



**RUHS PTSA NEWSLETTER, AUGUST 16, 2021**



**FEATURED ANNOUNCEMENTS**

**MESSAGE FROM THE PTSA PRESIDENT:**

The first day of school is almost here and The Flock is in full effect! I'd like to extend a huge WELCOME to our Freshman and their families. Thank you to everyone who volunteered during registration; PTSA welcomed almost 2900 students and their families during a busy week! And a special shout out to the ASB kids who were there every day helping things run smoothly.

What's new this year? Parent volunteers will slowly be welcomed back on campus, and we would love your help! We have a new [VOLUNTEER FORM](#) for 2021-2022.

We still have a couple of spaces open for dessert drop off for our Welcome Back Teacher Lunch on Tuesday August 17, please sign up here

<https://www.signupgenius.com/go/4090F4EA8AD283-back>

And of course we would love to have all our Sea Hawk families join PTSA! Please see the message below from our awesome Membership Chair, Linda Buck and find out how you can receive one of new Car Decals.

I am looking forward to a great year at RUHS, and can't wait to see you all soon!

-Sondi Kroeger Foley

Proud RUHS PTSA President

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Support PTSA every time you shop by connecting your Ralphs card. Sign in to your account at [Ralphs.com](#), click on My Account, then Community Rewards, search for Redondo Union PTSA, and follow instructions to enroll.

**THANK YOU FOR SIGNING UP FOR PTSA!**

We are just over half way to our Goal of 2400 members this year. Joining PTSA does not mean hours of volunteering and meetings, it means supporting our programs - Hands On Art, Academic Letter and Pin Awards, Reflections, Senior Scholarships, Sacramento Safari, Athletic Mentorships, Project Unified are just a few!

Please join today - <https://jointotem.com/ca/redondo-beach/redondo-union-high-school>

Thank you to Everyone who purchased 4 or more memberships during Registration - Congrats to our Membership Drawing Winners of a Goodie Bag including \$25 Grocery Outlet Gift Card, \$10 Amazon Gift Card, and RUHS Car Decal :

- Joanne Wildenhain
- Susi Kaplan
- Shawnie Vargus
- Norah Flannery

Thank you to Everyone who sponsored Teacher Memberships! We have made our Goal of 100% teacher memberships. If you were unable to sponsor a teacher and get a Car Decal, it is not too late as now for any donation of \$25 or more you too can get a car decal! For online donations, we will be getting your Car Decals out to you through your students once they are back in class. Please look for them over the next couple of weeks.

Please remember to sign your student up for PTSA too. If they are members at RUHS for 2 or more years, they are eligible to apply for Senior Scholarships! \$\$\$

**QUICK LINKS**

- [RUHS Website](#)
- [National PTA Website](#)
- [PTA 33rd District Website](#)
- [CAPTA Website](#)
- [Khan Academy Free Online Tutoring](#)
- [Sprigeo Bullying Reporting](#)
- [RUHS PTSA Spiritwear](#)

## JOIN PTSA.

For just \$12, you can show your support for RUHS PTSA by becoming a member. A portion of your membership dues helps pay for the many programs we sponsor. Click [HERE](#) to join RUHS PTSA or use the QR code below!



## PTSA MEETINGS

Interested in finding out what's happening at RUHS PTSA? Please come join us at Association meetings to help approve budgets and expenditures, to connect and find out what is going on in the RUHS community.

### RUHS ASSOCIATION MTGS\*

Thursday 9/23/21, 8:15am

Thursday 11/18/21, 6:00pm

Thursday 1/20/22, 8:15pm

Thursday 3/17/22, 6:00pm

Thursday 5/19/22, 8:15am

\*All Meetings will be held via Zoom until further notice\*



## JOIN OUR MAILING LIST

Some of the PTA perks that come with joining the PTSA!

<https://capta.org/join/member-perks/>

### Member Perks | California State PTA - [capta.org](https://capta.org)

The mission of the California State PTA is to positively impact the lives of all children and families. [capta.org](https://capta.org)

Thanks for your support! Together we are stronger!

### RUHS COVID PROTOCOLS

What are those **protocols**, you may ask?

As you know, COVID protocols have changed many times over the last 18 months so this message is meant to clarify procedures for the fall of 2021-22.

**MASKS** – Per LACDPH masks are required in-doors for all staff and students. Masks are optional outdoors.

**DISTANCING** – Students are still expected to maintain 3 feet distancing inside the classroom. They are to maintain 6 feet distancing with adults. A student may be closer than 6 feet from an adult for a short period of time since exposure is defined as occurring when closer than 6 feet for 15 minutes or more.

**SCREENING** – Students and staff members will no longer need to show a green screen when entering campus. The Beach Cities Health District screening tool no longer needs to be used; however, everyone coming on campus is still expected to screen themselves daily before arriving.

Please ask and answer the following questions for your student before coming to school:

1. Does the STUDENT have any of the following:
  - a. Fever (at or over 100.4°F)
  - b. Chills
  - c. Cough
  - d. Shortness of breath/difficulty breathing
  - e. New loss of taste or smell

If the answer is YES to any of the above, PLEASE have your student stay home (DO NOT go to school) and contact the front office at the student's school.

### Non Vaccinated Students Only:

Please ask and answer the following questions for your student before coming to school:

1. Have you been in contact with a person known to be infected with or suspected to have COVID-19 **within the last 10 days**?
2. Are you subject to a quarantine or isolation order?

If the answer is YES to any of the above, PLEASE have your student stay home (DO NOT go to school) and contact the front office at the student's school.

### VOLUNTEER FOR PTSA!

Please fill out this [FORM](#) and send in, to join us this year on campus!

### BECOME A MEMBER! SPONSOR A TEACHER!

Please find form for membership [HERE](#) and sponsoring a teacher's membership [HERE](#).

### WE ARE STRONGER TOGETHER!

Have you joined PTSA yet? *Juniors??* Next year you can apply for PTSA scholarships from all the schools that you have attended if you have been a member your Senior year and 1 other year so **JOIN TODAY!!**

- Get [PERKS](#) for being a RUHS PTSA member.

### SIGN UP OR RENEW YOUR PTSA MEMBERSHIP OR SIGN UP TO VOLUNTEER:

- JOIN PTSA ONLINE - please click [HERE](#) or use QR code to the left.
- MAIL IN PTSA FORM - please click [HERE](#).
- JOIN AS A COMMUNITY MEMBER - Click [HERE](#) to join all RBUSD PTAs by becoming a Community Member for only \$75.

- VOLUNTEER FOR PTSA - Please click [HERE](#) for the link, or [HERE](#) for a volunteer form to fill out and email to [ruhsptsnewsletter@gmail.com](mailto:ruhsptsnewsletter@gmail.com).

## SCHOOL NEWS



### WEEK ACADEMIC SCHEDULE:

**WEDNESDAY, AUG 18: FIRST DAY OF SCHOOL**

**A SCHEDULE (PERIODS 1-6)**

**THURSDAY, AUG 19: B SCHEDULE (PERIODS 2,4,6)**

**FRIDAY, AUG 20: C SCHEDULE (PERIODS 1,3,5)**

Sea Hawk Families,

Wednesday August 18th, is the first day of school at RUHS.

All students need to go to the Redondo Union Gym Quad as soon as they arrive on campus to pick up a new copy of their class schedule. Schedules given out at registration did not include rooms or periods. Every student must pick up an official schedule in the gyms before they proceed to class. Grades 9 and 10 will receive their schedules in the lobby of the large gym and grades 11 and 12 will receive their schedules in the small gym. Students can arrive as early as 7:00 to pick up schedules, especially those that requested a 0 period.

Your student ID is needed to pick up your official schedule. Those who did not have a picture taken at registration will need to do so in the dance room, upstairs in the small gym before they can pick up their schedule. The library will open for all students needing to pick up textbooks and Chromebooks.

Attached is an overview our attendance policies. In addition, we encourage all families and students to refer to the parent/student handbook which can be found on our website: [www.redondounion.org](http://www.redondounion.org)

Wednesday is an "A" day which means you attend all six classes. Schedule below and attached. Thursday and Friday are both block days. Zero period usually starts at 6:55 am every day. On the 18th, students with a zero period should go to their class as soon as they have their schedule, but it will not start at 6:55.

Bell Schedule – Wednesday, 8/18

Zero Period 6:55 – 7:45

Period 1 7:55 – 8:45

Period 2 8:55 – 9:45

SNACK 9:45 – 10:00

SSH 10:10 – 10:30

Period 3 10:30 – 11:20

Period 4 11:30 – 12:20

LUNCH 12:20 – 12:55

Period 5 1:05 – 1:55

Period 6 2:05 – 2:55

### WEEK SPORTS GAMES SCHEDULE:

**THURSDAY, AUG 19:** Boys Football, Girls Volleyball

**SATURDAY, AUG 21:** Boys Water Polo, Girls Volleyball

For more information, and to find out where the games are, see <https://redondoathletics.com/events>

### NEW SCHOOL YEAR CALENDAR!

Please see the new school calendar for the 2021-2022 school year [HERE](#). School starts on 8/18/21.

### WELCOME BACK RUHS!

We are excited to welcome our students and staff back to campus for our 2021—2022 school year!

Enjoy building, costumes, lights, sound engineering, makeup? Want to get involved in technical crew and stage craft? It's time to kick off the school year with interviews for our Fall Play – Anatomy of Gray by Jim Leonard! Interviews will be held August 19th & 20th after school. More information including the application, and link to sign up can be found on Google Classroom Lju756t! Come and get involved in our amazing performing arts programs here at RUHS! ALL RUHS Students are welcome and encouraged to attend. Please join Google Classroom Lju756t to receive all the information. We hope to see you there!

#### **SCROC:**

SoCal ROC Fall 2021 semester online courses begin Monday, September 13th! Earn high school elective credits while learning valuable skills and exploring a career in graphic design or the medical field. Courses are after school and FREE for high school students! Contact your Career Guidance Specialist for more information and to enroll - Rocio Pineda-Contreras at 310-224-4240 [orpcontreras@scroc.k12.ca.us](mailto:orpcontreras@scroc.k12.ca.us).

#### **VOLUNTEERS NEEDED:**

South Bay Parkland Conservancy is looking for volunteers willing to weed, water, and plant the rest of the plant inventory around the amphitheater and lower pond areas at Hopkins Wilderness Park. The Key Club has already approved this project and deemed it safe for students.

Please sign up using the link below; there are several time slots and days to volunteer on.

<https://www.signupgenius.com/go/10c0d4ba5a829a7facf8-wilderness8>

And just as a memory refresher: The South Bay Parkland Conservancy is a non-profit organization founded by Mayor Bill Brand committed to preserving open space and creating more parks in the coastal cities of the South Bay in Los Angeles, CA.

#### **PTSA:**

Click here to join: [RUHSPTSAMembership](#)

#### **Spirit Wear:**

Show your Sea Hawk pride! Purchase your Spirit Wear here: [RUHS Spirit Wear](#)

If you would like to receive the PTSA Newsletter, please click link: [SIGN-UP for PTSA NEWSLETTER](#)

## **NEWS FROM THE NEST!**

### **COLLEGE COUNSELING APPOINTMENTS FOR SENIORS**

**We are currently accepting appointments for Seniors only. To schedule an appointment, please send an email to Mrs. Clausen at [mclausen@rbusd.org](mailto:mclausen@rbusd.org).** Parents, you are welcome to join our meetings!

Last Names A-K: Ms. Shannon Rodriguez

Last Names L-Z: Ms. Ryanne Martucci

### **JUNIORS AND SENIORS!**

#### **GET REMIND TEXTS FROM THE NEST!**

Sign up for the Nest Remind Text service to get updates regarding college visits, testing information, and other Nest activities. You may unsubscribe at any time.

Class of 2022: text @2022nest to 81010

Class of 2023: text @2023nest to 81010

Trouble using 81010? Try texting to (754) 333-6659 instead.

### **NEST RESOURCES FOR JUNIORS AND SENIORS**

Click on links to access helpful college planning information and interactive calendars.

[11th Grade Planning Page](#)

[12th Grade Planning Page](#)

### **UPCOMING COLLEGE APPLICATION WORKSHOPS**

The Nest will be hosting the following college application workshops:

Common App Workshop (Virtual) – How to create a Common App account and get started  
Monday, August 16 @1:45pm-3:15pm

UC App Workshop (In Person, Virtual)  
Wednesday, August 25 & Thursday, August 26 @1:15pm-2:30pm

El Camino College Transcript Request Workshop (Virtual)  
Monday, August 23 @1pm-1:30pm & @2pm-2:30pm

Click [HERE](#) to view Nest calendar and workshop sign-ups.

### **RACC VIRTUAL COLLEGE FAIR – AUGUST 25<sup>TH</sup> @6pm**

**Hey, Students! Did you know there are hundreds of great colleges outside of California? The Regional Admissions Counselors of California (RACC) will be hosting a virtual college fair on August 25<sup>th</sup>.** Registration is required. You will receive a Zoom link.

You'll learn about the benefits of leaving California for college and our RACC institutions will share information about your opportunities at their school. Be ready to take some quick notes as students and families will learn about college options outside of California.

**Additional RACC Virtual college fair dates: September 13, September 29, October 11, October 25, and November 10.** Each program will feature different schools so we encourage you to sign up for each event that works best for your schedule. All university representatives are RACC members and are your contact for that institution!

Sign up [HERE](#).

### **SAVE THE DATE! SENIOR PARENT NIGHT SEPT 9!**

Dear Senior Parent(s)/Guardians, Class of 2022: Many students have already been working diligently on their college applications. Finding the right FIT is a multi-step process that requires research and calendar planning to meet application deadlines. Please join your RUHS college counselors, Ms. Ryanne Martucci and Ms. Shannon Rodriguez to learn more about the college application process and an introduction to financial aid options for four-year universities. We will have a separate presentation about two-year community college options.

This presentation will be conducted virtually on ZOOM on September 9 from 6pm-7:30pm. Click on [SIGN UP GENIUS LINK](#) to let us know you will be attending. Please take the time to submit questions and comments to the college counselors before the presentation through the sign-up. ZOOM instructions will be emailed to attendees who sign up by September 8th.

### **UPCOMING 2020-2021 SAT TEST DATES**

August 28: Late registration deadline, Aug 17.

October 2: Registration deadline, Sept 3, Late registration deadline, Sept 21.

November 6: Registration deadline, Oct 8, Late registration deadline, Oct 26.

December 4: Registration deadline Nov 4, Late registration deadline, Nov 23.

Online registration: [www.CollegeBoard.org](http://www.CollegeBoard.org)

### **UPCOMING 2020-2021 ACT TEST DATES**

September 11: Late registration deadline, Aug 20

October 23: Registration deadline, Sept 17; Late registration deadline, Oct 1.

December 11: Registration deadline Nov 5, Late registration deadline Nov 19.

Online registration: [www.ACT.org](http://www.ACT.org)

## **COMMUNITY NEWS**

### **RECALL ELECTION**

Sept. 14, 2021

#### **When is the Voter Registration Deadline? What Do I Do If I Miss It?**

- The deadline to register for the 2021 California Governor Recall Election is Monday, August 30, 2021.
- Register today at [registertovote.ca.gov](http://registertovote.ca.gov)
- The deadline to register for the 2021 California Governor Recall Election is Monday, August 30, 2021.
- Not sure if you're registered to vote? Check [voterstatus.sos.ca.gov](http://voterstatus.sos.ca.gov)
- Missed the August 30 voter registration deadline? No problem! You can still vote in this election!
- If you missed the deadline, go to a voting location.

- You can register and vote on the same day – all the way up through Election Day, Tuesday, September 14.
- If you are registered in CA you ought to receive your ballot by mail. Use it! No postage required.

Sign Up!

## INTERESTED IN BEING THE DIFFERENCE?

**LEADERSHIP OPPORTUNITIES  
LETTERS OF RECOMMENDATION  
VOLUNTEER HOURS  
PEER MENTOR YOUNGER KIDS  
SERVICE LEARNING OPPORTUNITIES**

**JOIN THE FREEDOM4U LEADERSHIP GROUP!**

*Open to High School and Middle School students from South Bay & Harbor Area schools*

Freedom4U is a Non-Profit Youth Organization in the South Bay/Harbor area.

For more information, please contact:  
Greg Allen, Freedom4U Director  
gregfreedomcommunity.com or (310) 897-5943  
www.FreedomCommunity.com

Freedom4U is not related to, sponsored by, or endorsed by the Palos Verdes Peninsula, Manhattan Beach, Redondo Beach, Los Angeles, Hermosa Beach City, or El Segundo Unified School Districts. This program is not sponsored or endorsed by LA County Library.

**LIVE MUSIC AND ART ACTIVITIES**

**FREEDOM4U  
ART EXPRESSION NIGHT**

**SATURDAY AUGUST 21ST AT 7PM  
NO COST TO ATTEND.**

**MORE INFO**  
TEXT GREG 310.897.5043

**HEARTS RESPOND**  
333 W 7TH ST.  
SAN PEDRO, CA 90731

**PARKING AVAILABLE**  
460 7TH ST. SAN PEDRO, CA 90731  
222 W 7TH ST. SAN PEDRO, CA 90731

Wearing is Caring

**PLEASE FEEL FREE TO TAKE ADVANTAGE OF THESE RESOURCES:**

**SOUTH BAY FAMILIES CONNECTED:**

- Families Connected **Parent Chat:** Every MONDAY at 10AM.
- Check out the **NEW VIRTUAL TEEN CENTER** - Great resource for teens, designed by peers!
- Has great resources, including **SUICIDE RESOURCES**, parent chats and webinars
- Virtual teen center video page: <https://www.southbayfamiliesconnected.org/event-videos>
- **Coping with Grief** page for insight and resources.
- **Coronavirus Support page** and **Mindfulness Parenting page.**
- **Vaping Facts for Teens Page** and **Opioid Awareness Page.**

- [SBFC Virtual Events](#)
- Please visit our own [RBUSD Families Connected](#) for additional resources and information.

### **BEACH CITIES HEALTH DISTRICT**

- **BCHD NEWSLETTER** - Contains great resources on a range of topics, including: How to Battle Pandemic Fatigue. Virtual Cooking Show, Mindfulness Drop Ins, Mental Health and Happiness Series
- The School Well-Being Line can provide Information, support and referrals for families and school staff. Call Beach Cities Health District's School Well-Being Line for School Families at 310-374-3426, ext. 256 and press option 1 on school days between 7:30 a.m. – 4 p.m. Click [HERE](#) for more information. <https://www.bchd.org/schoolwellbeingline>

For more information about COVID-19, visit the links below:

[Beach Cities Health District](#)

[Los Angeles County Department of Public Health](#)

[Centers for Disease Control and Prevention](#) (CDC)

[World Health Organization](#)

## PTA NEWS

### **WANT TO BE A PTSA COMMUNITY MEMBER?**

For \$75 you can join PTA within all our schools and receive a RBUSD gaiter mask. Great for businesses! A good way to know what is happening across RBUSD and support our schools! STRONGER TOGETHER!

Click [HERE](#) to become a PTA Community Member!

### **TO JOIN PTSA:**

Join online via [TOTEM](#)

### **LOVE TO VOLUNTEER?**

Sign up [HERE](#) and email to [ruhsptsnewsletter@gmail.com](mailto:ruhsptsnewsletter@gmail.com).

